

Safe Harbor - \$0 preventive drug list

One of the benefits of having a high deductible health plan (HDHP) is that members feel more control over their health care costs. It can, however, make some members hesitant to continue taking necessary preventive drugs because of the cost of the medication. Typically, with a HDHP, benefits are provided after the deductible has been met. To ensure Quartz members with a HDHP have support for preventive drugs, we have created a list of preventive medications based on guidance from the U.S. Treasury Department/IRS. The medications on the list below, known as the Safe Harbor - \$0 preventive drug list, are exempt from the deductible and have 100% coverage with \$0 out-of-pocket costs, saving you money while helping to keep you healthy.

Please note:

- This list may not include all drugs considered preventive for every health condition for which a preventive drug may be prescribed
- We cannot guarantee which drugs will continue to satisfy U.S. Treasury Department/IRS definitions for preventive medications
- Based on your health plan, utilization management (i.e., prior authorization, step therapy, and quantity limits) may apply to the medications listed below
- Drugs that are only available and covered as a generic are noted with an *
- Certain dosage forms or strengths of a medication may not be \$0 even though the drug name appears on this list
- Devices are available from many different brands. Since Quartz covers most brands, we do not list each available device. Go to QuartzBenefits.com/Formulary or call Optum Rx Member Services to confirm if a specific brand of the device is covered
- We may not cover certain products or therapeutic categories
- Generic or brand status of drugs is subject to change due to updates in the market
- This list is subject to change without prior notice

Questions? Please visit QuartzBenefits.com/Formulary to review the medications on our formulary, or contact Optum Rx Member Services at (800) 496-7509 (TTY: 711) if you have any questions about coverage.

Condition	Drug Class	Generic name	Brand name
Asthma and COPD	Corticosteroids	Budesonide solution	
		Budesonide/formoterol	Symbicort [^]
		Fluticasone furoate	Arnuity Ellipta
		Fluticasone propionate	Flovent Diskus, Flovent HFA
		Fluticasone/salmeterol	Advair Diskus [^] , Advair HFA
		Fluticasone/vilanterol	Breo Ellipta [^]
	Devices	Inhaler assist devices, spacers	Various brand names
		Peak flow meter	Various brand names
Behavioral Health	Antidepressants	Citalopram*	
		Escitalopram*	
		Fluoxetine*	
		Paroxetine*	
		Sertraline*	

Condition	Drug Class	Generic name	Brand name	
Cardiovascular Disease-High Blood Pressure	Angiotensin- Converting Enzyme (ACE) Inhibitors	Benazepril*		
		Benazepril/hydrochlorothiazide		
		Enalapril*		
		Enalapril-hydrochlorothiazide*		
		Fosinopril*		
		Fosinopril-hydrochlorothiazide*		
		Lisinopril*		
		Lisinopril-hydrochlorothiazide		
		Perindopril*		
		Quinapril*		
		Quinapril-hydrochlorothiazide*		
	Ramipril*			
			Atenolol*	
			Atenolol-chlorthalidone*	
			Bisoprolol-hydrochlorothiazide	
			Metoprolol-hydrochlorothiazide*	
Metoprolol tartrate*				
Metoprolol succinate*				
Cardiovascular Disease-High Cholesterol	HMG-COA Reductase Inhibitors or Statins	Atorvastatin*		
		Lovastatin*		
		Pravastatin*		
		Rosuvastatin*		
		Simvastatin*		
Diabetes	Alpha- Glucosidase Inhibitors	Acarbose*		
	Biguanides	Metformin*		
		Metformin ER*		
	Devices	Blood-glucose meter control solutions	Various brand names	
		Blood-glucose testing strip	Various brand names	
		Insulin syringes, needles	Various brand names	
		Insulin pen needles	Various brand names	
		Lancets	Various brand names	
	Dipeptidyl Peptidase-4 (DPP-4) Inhibitors	Sitagliptin	Januvia	
		Sitagliptin/metformin	Janumet, Janumet XR	
	Glucagon Like Peptide-1 (GLP-1) Agonists	Dulaglutide	Trulicity	
Exenatide		Byetta, Bydureon		

*Only available and covered as a generic

Condition	Drug Class	Generic name	Brand name
Diabetes, Continued	Insulin	Insulin aspart	Novolog, Novolog Penfill, Novolog Flexpen
		Insulin aspart protamine/insulin aspart	Novolog Mix 70/30, Novolog Mix 70/30 Flexpen
		Insulin glargine -yfgn	Semglee-yfgn, Semglee-yfgn pen
		Insulin NPH	Novolin N, Novolin N pen
		Insulin NPH/insulin regular	Novolin 70/30, Novolin 70/30 pen
		Insulin regular, human	Novolin R, Novolin R pen, Humulin R (500 units/mL)
	Meglitinides	Nateglinide*	
		Repaglinide*	
	Sodium-Glucose Cotransport 2 (SGLT2) Inhibitors	Dapagliflozin	Farxiga
		Dapagliflozin/metformin	Xigduo XR
		Ertugliflozin	Steglatro
		Ertugliflozin/metformin	Segluromet
		Ertugliflozin/sitagliptin	Steglujan
	Sulfonylureas	Glimepiride*	
		Glipizide, glipizide ER, glipizide XL*	
		Glipizide/metformin*	
		Glyburide, glyburide micronized*	
		Glyburide/metformin*	
	Thiazolidinediones	Pioglitazone*	
	Endocrine Disorders	Antiparathyroid Agents	Calcitonin-Salmon nasal spray*
Bone Resorption Inhibitors		Alendronate*	
		Ibandronate*	
		Risedronate*	

*Only available and covered as a generic